

Washing My Hands



I need to wash my hands to stay healthy.



I need to wash my hands after I use the toilet.



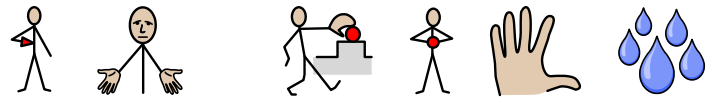
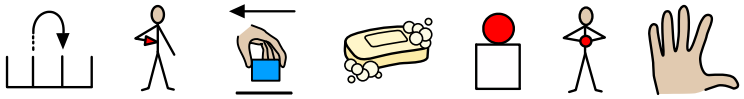
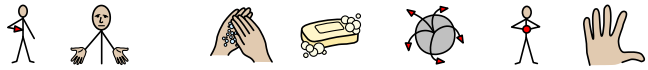
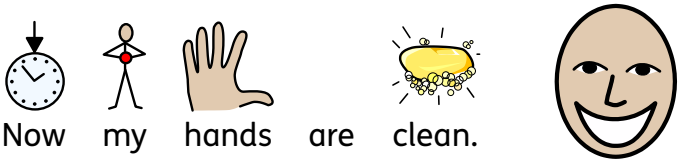
I need to wash my hands if I sneeze or cough.



Teachers will ask me to wash my hands at set times



I need to wash my hands with soap and water.

1	 I need to get my hands wet.
2	 Next I put soap on my hands.
3	 I need to rub soap all over my hands.
4	 I need to rub my hands together for 20 seconds.
5	 I rinse my hands with water.
6	 I dry my hands with a paper towel.
7	 Now my hands are clean.