



Bowlee Park PE Long Term Plan 2024/2025



Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Gross Motor Skills Locomotion	Gross Motor Skills Fine Motor Skills	Gross Motor Skills Dance	Gross Motor Skills Gymnastics	Gross Motor Skills Stability	Gross Motor Skills Target Games
Reception	Fundamental Movement Striking & Fielding	Invasion Games Locomotion	Target Games Gymnastics	Locomotion Fine Motor skills	Athletics Stability	Net & Wall Games Striking & Fielding
1	Fundamental Movement Skills Striking & Fielding	Invasion Games Object Manipulation	Net/Wall Games Gymnastics & Dance	Target Games Fitness	Fundamental Movement Athletics	Striking & Fielding Net/Wall Games (Tennis)
2	Fundamental Movement Skills Striking & Fielding	Athletics Object Manipulation	Invasion Games Gymnastics & Dance	Handball Fitness	Target Games (Dodgeball) Fundamental Movement	Striking & Fielding Net & Wall
3	Rounders Athletics	Gymnastics & Dance Handball	Dodgeball Badminton	Fitness Rugby	Outdoor Ed Cricket	Invasion Games Net Games
4	Rounders Swimming Athletics	Gymnastics & Dance Swimming Handball	Dodgeball Swimming Badminton	Fitness Swimming Rugby	Outdoor Ed Swimming Cricket	Invasion Games Swimming Net Games
5	Rounders Athletics	Gymnastics & Dance Handball	Dodgeball Badminton	Fitness Rugby	Outdoor Ed Cricket	Invasion Games Net Games
6	Rounders Athletics	Gymnastics & Dance Handball	Dodgeball Badminton	Fitness Rugby	Outdoor Ed Options	Tennis/Cricket Options