



Bowlee Park Community School School Newsletter

Issue 1: 04th September 2026

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A very warm welcome back to all our pupils, families, and staff!

We hope everyone had a wonderful and restful summer break and is feeling refreshed and ready for the new school year.

WELCOME TO OUR HEADTEACHER



Dear Parents, Carers and Families,

I am delighted to introduce myself as the new Headteacher of Bowlee Park Primary School.

From my first visit, I could see what a special school Bowlee Park is. I feel incredibly privileged to be joining such a welcoming and dedicated school community.

As both a teacher and a parent, I understand how important it is for children to feel happy, safe and supported. Our children will always be at the heart of the decisions we make.

I believe strong relationships between school and families help children thrive. I look forward to meeting many of you over the coming weeks, so please do come and say hello if you see me around school.

Bowlee Park has so much to be proud of, and I am excited about working together to build on its success and ensure every child feels valued, confident and ready for the future.

Mr Boyle

Allergy Awareness – Important Information for Parents and Carers

At our school, we want to make sure that all of our pupils with allergies feel safe, included and supported. As we start the new school term, we are asking everyone in our school community to do their part to become allergy aware and help us reduce the risk of allergic reactions.

We have pupils in school with a wide range of allergies, including:



Some allergies can cause a serious or life-threatening reaction, even following exposure to a very small amount of an allergen. We therefore ask everyone to take allergies seriously and do what they can to help us keep our pupils safe.



How can you help?

Please let us know if your child has an allergy or intolerance.

If your child has a food allergy, intolerance or any other allergy, please make sure that we are aware and that their medical and dietary information is up to date. Where appropriate, we will work with you to put an Individual Healthcare Plan and suitable allergy management arrangements in place. Please contact the school office if you need to share or update information.

Please talk to your child about allergies and the importance of:

-  taking allergies seriously;
-  washing their hands before eating;
-  not sharing food with their friends;
-  being supportive of friends who have allergies and being an 'allergy ally'.

Be an
Allergy
Ally



How we keep children safe

Our staff receive allergy awareness and emergency response training, and we have procedures in place to recognise and respond to allergic reactions. We take steps to reduce the risk of exposure to allergens across school, including during mealtimes, classroom activities, food preparation, trips and other activities.



Packed lunches and snacks

As children may bring packed lunches and snacks from home, we ask parents and carers to take particular care when preparing these.



Please do not send nuts, peanuts or products containing these into school, in line with our allergy arrangements.

We also ask that you consider the range of allergies within our school community when preparing your child's lunch or snacks and check food labels carefully for allergens. Please also ensure that your child's lunch box and water bottle are clearly labelled with their name to avoid any confusion.

We would also encourage families to think about allergies when children are invited to playdates or parties outside of school. Please speak to the child's parents or carers about their allergies and consider how you can accommodate their needs safely.

Please ensure that:



-  we are informed promptly of any new or changed allergy or intolerance;
-  all relevant medical information and healthcare/action plans are kept up to date;
-  any prescribed medication, including adrenaline auto-injectors where applicable, is provided to school, is in date and is readily accessible in accordance with your child's healthcare plan;
-  you inform us of any changes to your child's dietary or medical requirements.



Food Allergies and Cross-Contamination

Our catering staff follow strict hygiene and allergy procedures when preparing, cooking and serving food. We use designated preparation areas, which are thoroughly cleaned between uses, and take reasonable precautions to minimise the risk of cross-contamination.

However, parents and carers should be aware that we cannot guarantee that food provided by the school is completely free from allergens or traces of allergens. Our kitchen prepares a wide range of foods and ingredients, including allergens, and due to the size and nature of the kitchen, there remains a small risk of cross-contamination.

Although every reasonable precaution is taken, **traces of allergens may still be present in food, even where the allergen is not an intended ingredient.**

Parents and carers of children with food allergies should discuss their child's individual requirements with the school before food is provided. Where the risk cannot be managed safely, parents/carers will be informed and alternative arrangements may need to be considered.

By providing this information, we want to ensure that parents and carers are fully aware of the residual risk of accidental allergen exposure despite the precautions we put in place.



Medical Conditions

Please inform the school as soon as possible if your child has a medical condition, allergy, illness, injury or other health need that may affect them during the school day.

Keeping us up to date helps us make sure the appropriate support, care and safety arrangements are in place for your child. Please also let us know if there are any changes to their condition, medication or medical advice.

If you are unsure whether we need to be informed, please speak to the school office.



Safe • Kind • Inclusive • Respectful • Successful

Thank you for your cooperation and support in helping us maintain a safe, inclusive and allergy-aware environment for every child.



NO PARKING

Parking

There is unfortunately **no parking for parents on the school site** at the start and end of each day. We ask that you walk where possible, park courteously and avoid blocking the driveways of nearby residents. Parents/carers with disabled badges are requested to come to the office to request a parking permit.

COATS, BAGS AND PACKED LUNCHES

Please send these into school
with your child.

Ready
for a great
day! ♥

Together
we can
help!



COATS

Help your child stay warm
and ready for all weathers.



BAGS

With everything they
need for a successful
day at school.



PACKED LUNCHES

A healthy lunch gives
them the energy to learn,
play and enjoy their day.



Please ensure these items are
sent into school with your child.



This helps keep the school day running smoothly
and ensures your child has everything they need
from the start of the day.



Thank you for your support!



Please make sure your child's name and
class in all school uniform, bags and coats
In the event an item is lost, it makes
reuniting with the owner much easier.





IMPORTANT INFORMATION

Changes to Free School Meals (FSM)



SEPTEMBER
2026

From **September 2026**, all children in England whose households receive **Universal Credit** will be entitled to Free School Meals (FSM), regardless of household income.

WHAT THIS MEANS FOR FAMILIES



FREE SCHOOL MEALS
for your child every school day.



SUPERMARKET FOOD VOUCHERS
during school holidays.



FREE PLACES
at Holiday Activities and Food (HAF) clubs.



NO INCOME THRESHOLD
eligibility will be based on receiving Universal Credit.



SAVE AROUND £500
per child each year.



A FREE, NUTRITIOUS MEAL
for your child every school day.



DO PARENTS STILL NEED TO APPLY?

YES. Even though eligibility is expanding, parents and carers must still submit an application so schools can confirm entitlement and ensure your child receives all the support available.

YOU MAY NEED:

- ✓ Your National Insurance Number
- ✓ Your Universal Credit reference number



FIND OUT MORE AND APPLY

Visit Rochdale Council's website:

rochdale.gov.uk/benefits-money/free-school-meals

Please apply even if your child has not previously qualified for Free School Meals.

OUR UNIFORM



White or burgundy polo shirt or white collared school shirt with tie, burgundy jumper or cardigan



Plain grey school skirt/Tartan grey school skirt
Grey school shorts or trousers



PE Kit—plain black joggers, no logos, no lycra (to be worn on PE days only with black trainers.)



Black school shoes or trainers (no logos or colours)



Watches allowed but no smart watches



No make-up or nail polish



Socks: Black, grey or white.
Tights: Black, grey or burgundy



School recommendation is no earrings. At parents' risk a small pair of stud earrings may be worn



No open toes, boots, heels or logos



FIDGET GADGETS

We kindly ask that children **do not bring their own attention tools or fidget toys into school**. We understand that some children find these helpful for focusing and regulating during the school day, so we will provide appropriate sensory and attention tools in the classroom.

The only exception is where a specific tool has been recommended by a professional and agreed as part of an individual support plan.

If you have any questions or concerns about your child's sensory needs, please do get in touch.

Thank you for your continued support and co-operation in helping us keep our classrooms calm and ready for learning.

Dear Parents and Carers,

We are pleased to let you know that **Anne-Marie, the school's Mental Health Support Worker**, will be delivering an introductory session for parents and carers on:



Friday 18th September



9:00am – 10:00am



The session will provide an opportunity to:



Find out more about the **Mental Health Support Team**



Learn what they do



Discover how they can **support** children, young people and their families



If you would like to attend, please click on the **Google Form link in this email** and complete your details, so that we can get an idea of numbers.



We hope you will be able to join us and look forward to welcoming you.

Kind regards



Date	Event	Time
Monday 14 th Sept	Year 6 Class 1 and 3 Stay and Learn, entrance via hall doors	9am
Thursday 17 th Sept	Year 6 SATS meeting, School hall	TBC
Friday 18 th Sept	Year 6 Class 2 and 4 Stay and Learn, entrance via hall doors	9am
Friday 18 th Sept	Mental Health Matters	9-10am
Monday 21 st Sept	Year 2 Class 1 and 2 Stay and Learn, entrance via hall doors	9am
Monday 21 st Sept	After School Clubs start	9am
Thursday 24 th Sept	SEND Coffee Morning	9am
Friday 25 th Sept	Year 2 Class 3 and 4 Stay and Learn, entrance via hall doors	9am

UNDERSTANDING FOOD ALLERGY

Allergic disease is the most common chronic medical condition in childhood. Food allergy will affect on average 1 or 2 pupils in every class.

WHAT IS A FOOD ALLERGY?

Food allergy is an overactivity of our immune system. Instead of ignoring a food, the immune system mistakenly sees it as harmful and reacts to it. A food allergy is very different to a food intolerance or a diet choice. An intolerance does not involve the immune system and is less serious.

Allergic reactions can vary in severity from mild and moderate, to severe and even life-threatening. Severe allergic reactions are called anaphylaxis and need to be treated as a medical emergency. To treat anaphylaxis, you need to give adrenaline immediately using an adrenaline auto-injector, e.g. an EpiPen.

People with a food allergy must avoid their allergen. Even just a trace of the food they are allergic to can cause an allergic reaction.

COMMON ALLERGENS

You can be allergic to any food but most reactions are caused by just 9 foods:

milk
 shellfish
 soya
 peanut
 tree nuts

sesame
 wheat
 fish
 egg

Venom (such as wasp and bee stings), medications, latex, animals and some vaccines can also cause serious allergic reactions.

The Allergy Team supports schools, families and businesses to manage food allergies. Our purpose is to improve safety and education about the condition, through expert training and information resources. Find out how we can help your school at theallergyteam.com.

HOW PARENTS CAN SUPPORT PUPILS

5% to 7% of children have a food allergy, so it's likely there are pupils in your child's class with a food allergy. There are things you can do to support these children.

HOW YOU CAN HELP

Learn about food allergies and take them seriously. Talk to your child about what it means to live with a food allergy.

Be allergen aware. If you're bringing food into school (perhaps for a packed lunch or cake sale) and your school has asked you not to bring in a specific ingredient, please take this seriously. It's not always obvious that a food will contain a specific allergen, so read all ingredient and allergy labelling carefully.

Children with allergies may be coping with higher levels of anxiety on a daily basis. Their friends can be their biggest supporters. Encourage your child to be an allergy ally.

If your child is older and it is appropriate, why not encourage them to learn how to deliver potentially life-saving adrenaline in an emergency. [Check out free training from The Allergy Team](http://theallergyteam.com/treating-an-allergic-reaction/) (theallergyteam.com/treating-an-allergic-reaction/).

It's understandable that you might feel nervous if your child has a friend with food allergies who is invited over for a playdate or party. These are some things you can do to help keep them safe and feel included:

- Speak to their parent or carer to find out what they are allergic to and find out what foods they need to avoid.
- If you're catering, think about all the ingredients that go into your recipes and make sure you read all the ingredient labels on bought produce. [Check out some recipes free from the main allergens](http://theallergyteam.com/the-recipes/) (theallergyteam.com/the-recipes/). Be mindful of cross-contamination, e.g. make sure you use clean pans and utensils.
- Please don't be offended if the parent/carers want to send their child to your house with their own food. Sometimes this is more comfortable for everyone, especially if it's the first time they are visiting.
- If you're worried about anything, speak to the parent/carers. They are likely to be very happy to help and keen for their child to be included in as many activities as possible.

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EDGAR
WOOD
academy

Join us at our

OPEN EVENING



Weds 16 Sept 2026
5:00pm-8:00pm

or book a personal tour at:
h.roberts@edgarwood.org



AT CARDINAL LANGLEY RC HIGH SCHOOL

ROCHDALE ROAD, MIDDLETON, MANCHESTER, M24 2GL

Every Tuesday
During School Term Times

Try a session
for
FREE

Children build
confidence & make
new friends in a fun
environment

Lots of
competitions &
prizes to be
won

£8 per session
paid in blocks of
4 weeks (£32)

Group 1
6:30 - 7:30pm
Ages 5-7

Group 2
7:30 - 8:30pm
Ages 8-12

Sessions held
inside sports hall
(outdoor facilities
also available during
summer months)

FA qualified & DBS
checked coaches
including
ex-professional
players

Weekly fun
based football
coaching
sessions for all
abilities

Trophies for all
players on the final
week of each school
term (12-16 weeks)

Fully supervised
parents also
welcome to
watch the
sessions

To book a place on the course please text
"CARDINAL LANGLEY, child's name, age & group"
to 07856 315 637

Boys & Girls

Ages 5 - 12